

**OUR VISION:** To impart wisdom to excel the qualities of heart and head of the young ones and thereby become self sufficient in the spiritual, intellectual, social and human levels to be happy and holy human beings

**OUR MISSION:** To mould a new generation in integrity of virtues and in maturity of values and to form them in true wisdom according to their God given talents for the good of the human beings by means of the noblest activity of study and by way of the most gracious quality of friendship.



## Patron's Day

*Greetings*

**Sacred Heart of Jesus  
Pray for us.**



**“ No great person ever fell from heaven; Greatness is learned not inherited.”**

Dear Staff and Students,



Glad to know that Sahrdaya College of Advanced Studies is advancing gradually in quality and quantity. My appreciation goes to one and all who laboured selflessly and sincerely. Dear students, once again we are moving to a new academic year. I would like to remind you three things. 1. Devotion to God is the beginning of wisdom. 2. Wisdom is one of the greatest powers which can alleviate the pain and panics of powers of darkness. 3. Compassion towards the poor and the needy and concern and care for the fauna and the flora are the means to have a healthy, happy and harmonious living in this planet.

Let your learning help you to be genuine and gentle citizens of tomorrow. Let Sahrdaya College of Advanced Studies be a locus where one grows with open and optimistic heart to confront harsh realities of life. Guru is the one who removes the darkness of Sishya. Let the True Light, God instill in you all the Staff Members and Management an urge to be unsullied examples to your disciples.

May God Bless You

**Bishop Mar Pauly Kannookadan**  
*Bishop of Irinjalakuda & Chairman IDET*

### A leader is one who:

knows the way,  
goes the way,  
and shows the way.



Rt. Rev. Msgr. Sebastian Maliakkal  
Manager, Sahrdaya Group of Institutions



Rev. Dr. Fr. Antu Alappadan  
Executive Director



Fr. Titus Kattuparambil  
Associate Executive Director



Dr. Sr. Lissitta CHF  
Principal

## Premiere College Day Celebrations

SAHRDAYA College of Advanced Studies celebrated its premiere college day on 22nd March 2013. The welcome speech was delivered by Rev. Dr. Antu Alappadan, Executive Director of Sahrdaya College of Advanced Studies. This dazzling event was inaugurated by His



Excellency Bishop Mar PAULY KANNUKADAN, Bishop of Irinjalakuda diocese and Chairman of IDET. The presidential address was delivered by Rt. Rev. Msgr. Sebastin Maliakkal, Manager, Sahrdaya Group of Institutions in the presence of honourable chief guest Prof. P.C THOMAS. He gave an inspiring speech on the importance of education in our life. Ms Suja Warriar presented the annual report of SCAS. Awards were presented to academic toppers by His Excellency Bishop Mar Pauly Kannookadan. As part of gratitude our Staff Secretary Ms. Reena A.R expressed vote of thanks.

### Upcoming Events

- | Next Laureola
- | National Seminar - Department wise
- | Independence Day
- | Association Day Inauguration
- | Onam Celebration
- | Industrial Visit - Department wise





## From Hearts..... Through Hands.....

### Student Corner

Positive thinking is to have a positive outlook in life. Even when clouds appear in the sky, one is able to see the silver lining. After a heavy downpour, there is bound to be sunshine and rainbow along with it. Once Abraham Lincoln said, "To be a champion, you have to believe in yourself when nobody else will." His life itself is a good example for us. Even though life has its struggles and difficult moments, we can overcome all these with optimism, wide vision and a systematic plan.

**Austin P.P.**  
BBA, Topper in Value Education



*dhini's sketches*

### What's Next

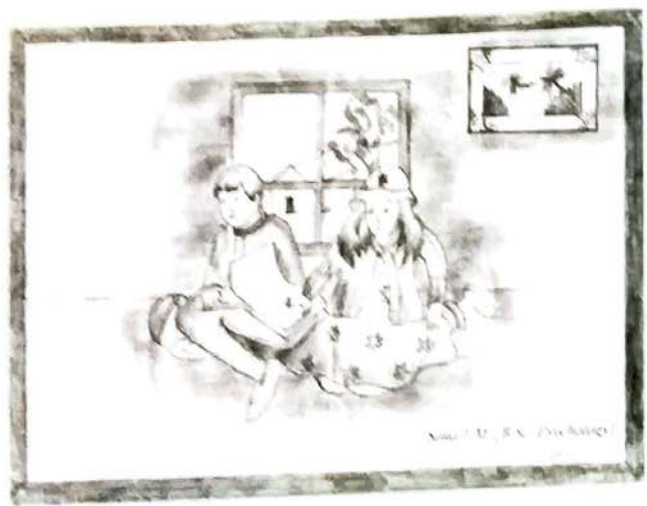
Years ago a girl was born. Her parents welcomed her into this paradise with lots of love, affection and expectations. But the very instant they saw this blooming face, a question worried them.

"What's Next?" What about her future? Her career? .... It never ends. As days passed, she was about to join some school. Again same question tortured them. "What's Next?" Which school? Faculty? Medium?... It goes on. She took admission in a school and step by step her life was being built. She started to realize the world, as time went on she touched many souls, knew many people around her. She realized the pain of poverty ridden people to the luxury of millionaires. God has bestowed this world with all the riches which she could bring into her life. But each day as sun hides behind the clouds, the same question comes to her mind. "What's Next?" What about the next day? Anyway she completes her school life and now comes the greatest turning point in her life. She being a teenager with a good insight of this whole world will be having her own aims and aspirations. Day and night her mind will be rocked with this question. What next? Where should I join? Which course? Loan? And this goes on... At last she opted a professional course... But after this...?

Every moment she dreams about her life ahead with the same question following her "What's Next?"... In every pages of our life the same uncertainty of "what's next?" springs up with or without our knowledge.

This girl's life was just an instance to this truth.

*Amritha Nair*  
BBA



### Don't Quit

Life is a marathon with twists and turns.  
As every one of us something learns,  
Where things go wrong, as they sometimes will,  
The road you are trudging seems all uphill.

Don't give up through the boost seems low,  
You might succeed with another blow.  
The goals may often seem nearer than  
It seems to a fuzzy faltering man

Success is failure turned inside out,  
The silver hint of clouds of doubt  
You can never guess how close you are  
It may be nearer than it seems a far.

Don't pull out if the time is up,  
Don't let your emotion get drained even if you gulp  
So stick to the track where you are hardest hit  
Although things seem worse, you mustn't quit.

**Neethu Tony**  
BCA



*dhini's sketches*

*dhini's sketches*



## Knowledge Corner



**JUNE 5<sup>th</sup>**  
**World Environment Day**

Where is our environment? We are integrally linked with all living and non-living things on the planet. It is the environment that protects our life on earth. Human beings are part of ecosystem. We are very much blessed with this environment for having different seasons and its greenery. Today the present world offers no responsibility to our environment. The modern man destroys the greenery through deforestation. By polluting the air, soil and water, we are losing our glorified environment. If the situation goes just like this, we will not be able to survive in this world through the present environmental conditions. Remember, environment is just like an umbrella for us. It's our own duty to maintain its beauty and to keep purified. So let's save our environment!!!!....

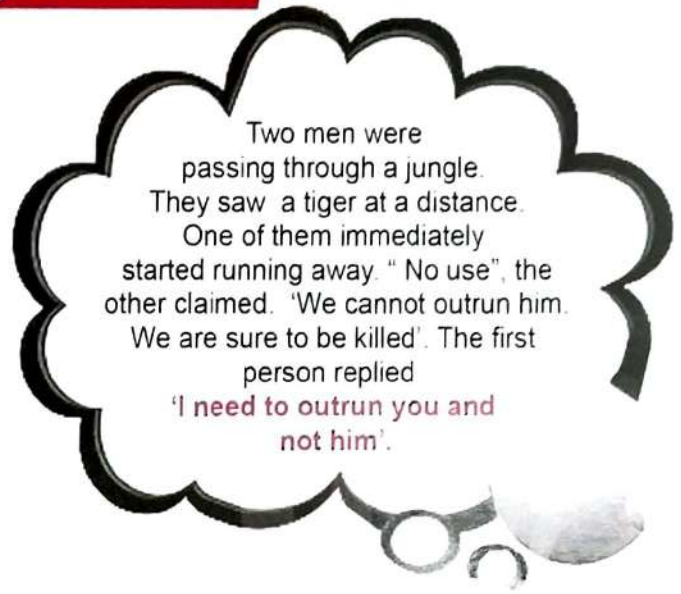
Jeslin Lonappan  
BCA

**“Reading maketh a full man;  
conference a ready man,  
and writing an exact man”.**

Francis Bacon



Library is a treasure - a house of knowledge. A well stocked library is an asset to every educational institution. Students get easy access to books through library. Also it is a boon for poor students who cannot afford to buy books of their interest. We have a good library here with a collection of around 6000 books. A good librarian is the backbone of every library who makes it disciplined and helps the students to select the books of their taste. Ms. Sajitha David, a well experienced Librarian, has already proven her skills to make our Library more accessible. Also there is always a great assistance of Ms. Vincy Paul as assistant Librarian.



Two men were passing through a jungle. They saw a tiger at a distance. One of them immediately started running away. "No use", the other claimed. "We cannot outrun him. We are sure to be killed". The first person replied  
**'I need to outrun you and not him'.**

## BENCHMARKING

## Quality Assurance Cell



## National Seminar

National Seminars provide good opportunity for students to enlarge the vistas of their knowledge. As a live learning event, national seminars have no substitute as to improve the skills of students and take their career to the next level. By interacting with a roomfull of peers, asking questions to subject experts, and examining real world applications of the information covering, it really helps to cement their new knowledge. With great pride, we are planning to conduct department wise National Seminars every semester and hope it will be a great success.



## Our Mentors

*Leaders who win hearts inculcate their spirit round the clock*



**Rev. Dr. Fr. Antu Alappadan**  
Executive Director  
S.T.D.



**Fr. Titus Kattuparambil**  
Associate Executive Director  
M.A., M.Ed, S.T.L.



**Dr. Sr. Lissitta CHF**  
Principal  
M.A., M.Phil, Ph.D.

## We, the Followers...

*The mediocre teacher tells. A good teacher explains. A better teacher teaches and the best teacher inspires.*

Teachers always guide the students, lift up their vision to high sights, raise the performance of every student to a higher standard, and build their personality beyond their expectations. In real sense, faculty is the backbone of every educational institution. The dreams of the management are implemented and fulfilled through the powerful minds and hands of the dedicated and committed staff. They are the ones who have the capacity to analyse the students in every aspect of their personalities, talents, and guide them 'to come out with flying colours'. We are very happy to introduce our departments and its faculty members.

### Departments:

#### Department of Commerce and Management

- Prof. M. P. Paulson, M.Com - HOD
- Prof. V. M. George, M.Com, M.Phil
- Fr. Binoy Nareparambil, MBA
- Ms. Suja Warriar, M. Com, B. Ed, SET, NET
- Ms. Teena Thomas, M. Com, M. Phil, B. Ed, Doing Ph. D
- Ms. Sandhya Mahesh, M. Com



#### Department of Language and Literature

- Prof. Verghese Kalliyath, M.A. - HOD
- Prof. Lucy Joseph M. A English, M.Phil, B. Ed
- Ms. Shiji V. K., M.A. History, B. Ed, M.Phil, Doing Ph. D
- Ms. Aradhika T. V., M. A Hindi
- Ms. Ranjini V. S. M. A. Malayalam, B. Ed
- Ms. Amrutha N. M.A. English, B. Ed
- Ms. Eble Elisha C. D., M.A. English, B. Ed





## Department of Computer Science and IT

- Ms. Reena A. R., MCA, M Com, DFT, ACFA - HOD
- Ms. Dhivya Abhilash, MCA
- Ms. Athira Davis, MCA
- Ms. Sabitha C. N., M. Sc Mathematics, B Ed



## Department of Psychology

- Fr. George Paremen M. Sc Psychology - HOD
- Dr. Sr. Rose Jose, M.Sc, Ph.D
- Ms. Gladys Manto, M. Sc Psychology, Disting Ph. D
- Ms. Sini Paulson M. Sc Zoology, B. Ed, BET
- Ms. Bincy T. J. M. Sc Statistics

## Our Non-Teaching Staff

- Mr. Freejo Francis, B.A, ACCP - Accountant
- Mr. Monu T. Varghese - System Administrator
- Ms. Sajitha David B Com, BLISc., MLISc., PGDCA - Librarian
- Ms. Pretty Kiran, MBA(HR) - HR Manager / College Secretary
- Ms. Stephy Antony - Office Assistant / PRO
- Ms. Vincy Paul, M. Com - Office Assistant - Accounts
- Ms. Gigea Johnson, B Com, MS Office - Office Assistant - Front Office
- Mr. M. T. Wilson - Driver cum Peon



## Supporting Staff:

- Mr. T. R. Varghese - Maintenance & Purchase
- Mr. Jose Jacob - Driver cum Peon
- Mr. Rajesh P. N. - Driver cum Peon
- Mr. Mohanan K M - Security
- Mr. Varghese M V - Security
- Ms. Ajitha J.N. - OMC
- Ms. Manju Manithan - OMC
- Ms. Vincy Vinson - OMC
- Ms. Sabitha Shaju - OMC





Sahridaya is dedicated to influence the character of individuals by imparting value based education and by maintaining inter-personal relationships so that they may become responsible citizens of India.



**Juby Maria**  
Topper  
B.Sc Psychology



**Minu Rose Kurian**  
Topper  
BCA



**Delby Davis**  
Topper  
B.Com



**Austin P.P.**  
Topper  
BBA

### College Topper



**Juby Maria**



### Editorial Board

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**Ms. Divya Abhilash**  
(Dept. of CS and IT)

#### Student Editors

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**Ms. Neethu Tony**  
**Ayana Joby**  
(BCA 3rd Sem)

### Editor's Word

The value of life does not depend upon the place we occupy. It depends upon the way we occupy that place. So, try to tread the way that leads you to success.

Ms. Reena A. R.  
Chief Editor



Behind Laureola: BCA Department