



EVER TO EXCEL

SAHRDAYA
COLLEGE OF ADVANCED STUDIES
KODAKARA

LAUREOLA

TRI - MONTHLY NEWSLETTER
SEPTEMBER - NOVEMBER 2021

VOLUME NO: 11
ISSUE NO:16

VISION

To impart the knowledge to excel in one's personal and professional life thereby become self sufficient in the spiritual, intellectual and social levels to be contented and refined human being.

MISSION

To mould a new generation that upholds integrity, maturity and righteousness in every thought, deed and shape up their God - given talents for the good of humanity through friendship, education and commitment



MAR PAULY KANOOKADAN
FOUNDER & CHAIRMAN



REV. DR. DEVIS CHENGINIYADAN
EXECUTIVE DIRECTOR



DR. MATHEW PAUL UKKEN
PRINCIPAL



DR. RANI MJ
VICE PRINCIPAL



DR. JOY K L
VICE PRINCIPAL



OUR DEPARTMENTS

- 1. Post Graduate Department of Commerce & Sahrdaya Professional Academy**
- 2. Post Graduate Department of English**
- 3. Post Graduate Department of Computer Science**
- 4. Post Graduate Department of Psychology**
- 5. Department of Malayalam**
- 6. Department of Management studies**
- 7. Department of Physics**
- 8. .Department of Chemistry**
- 9. Department of Geology**
- 10. Department of Mathematics**
- 11. Department of Western and Eastern Language**
- 12. Department of Human Excellence**
- 13. Department of Physical Education**

Chairman's Message



I am pleased to know that Sahrdaya College of Advanced studies is about to release Laureola the trimonthly (Sept-Nov 2021) newsletter which will broadcast Sahrdaya. I am immensely glad to know that ISO certified Sahrdaya College is one of the outstanding educational institution for academic and non-academic activities. Outcome based education is well promoted in the esteemed education. I do admire the Holistic Evolution of students in the College, which is reinforced by staff and management. Sahrdaya is a fast growing College and shines with University Rank holders, also marvellous growth is obtained by the department of physical education students of SCAS.

May the Light of God shine on SCAS Fraternity which will empower the whole campus and spread the fragrant to the society.

Bishop Mar Pauly Kannookadan
Chairman, IDET

DEPARTMENT OF MANAGEMENT STUDIES



WORKSHOP

1st, 2nd, 3rd and 4th Sept 2021 : Department of Management Studies SCAS organized a Four days research orientation workshop series in association with Research Committee Government College Thripunithara on 1st September to 4th Sept 2021 at 6.30 pm. The session was handled by Dr. Vineeth K.M, Department Of Commerce, Government College Thripunithara.

ORIENTATION

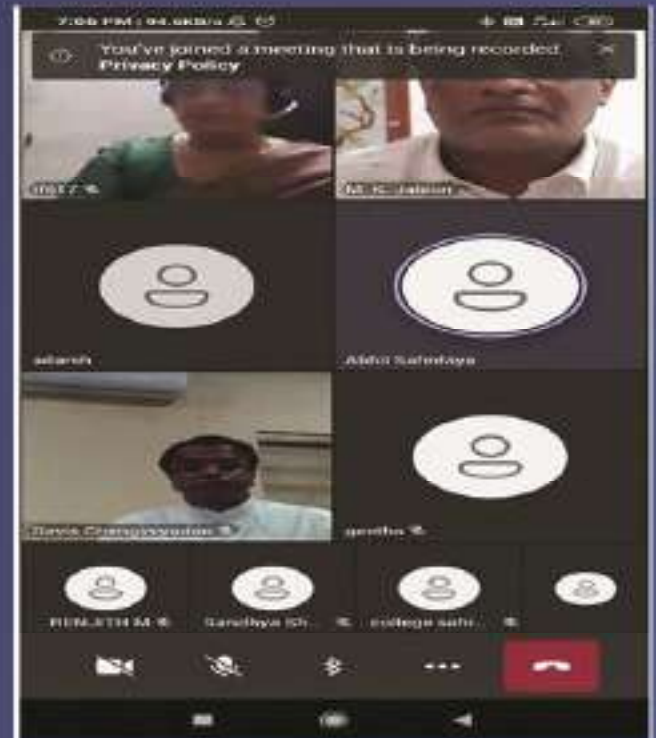
13th Sept 2021: The Department of Management Studies organized a Department level orientation "Schola Brevis" on the topic "Preparing to Succeed" for first year and second year BBA students on 13th October 2021 at 9.30am to 10.30 am through online platform. The right blend of academic excellence with orientation for different sets of required skills and attitudes is the key to success, and this program is an attempt to address those areas, which may help our aspiring business professionals towards a path of success.



ASSOCIATION & INAUGURATION

28th Sept 2021 : The formal inauguration of Management association SMART Sahrdaya Management Association for Refining Talents 2021-2022 was inaugurated by Dr. Princy Francis, Head of the Department and Research Guide, Department of Commerce MES Asmabi College Kodungallur on 28th Sept at 1.30 pm through online platform. The webinar discussed and explored ways to help students to implement and follow-up their "Youth In Action" projects, in particular youth initiatives, and set up their own businesses and ventures electronically.

DEPARTMENT OF HED



TEACHERS DAY CELEBRATION

5th Sept 2021 : HED organized Teachers day online celebration on 5th Sept with different programs performed by students and teachers.

BRIDGE COURSE

30th Sept 2021 : VIVIFICA 2021 Bridge course for first year degree students conducted through online started on 30th Sept.

ACADEMIC YEAR INAUGURATION

1st Oct 2021 : On 1st Oct HED conducted Academic year inauguration for all First year students. His Excellency Bishop Mar Pauly Kanookadan and Chief guest Mr.T.P Sreenivsan had addressed the students.

Regular Training called Combo Hour for second year students on IBPS, KAS, Uniform jobs, IELTS, Central and PSC Exams

DEPARTMENT OF MATHEMATICS



MATHS DAY

22nd Dec 2021 : On behalf of the MATHEMA 2021, observing National Mathematics Day on 22nd Dec, the Department of Mathematics, organized various competitions for the students of SCAS. Mr. Raju David C., faculty of the department was the quiz master. 33 students participated in the competition. A sudoku competition was also organized by the department. The competition was to complete the sudoku puzzle within the shortest possible time. The paper presentation competition was also organized by the department. The prizes were distributed to the winners.



DEPARTMENT OF PSYCHOLOGY

ASSOCIATION INAUGURATION

17th Sept 2021 : The Post Graduate department of Psychology has conducted the association inauguration on 17th Sept 2021 at 2:30 pm in the AV room. Msgr. Clarence Paliath, Founder, Manager and Former Principal of St. Joseph's Arts and Science College, Pilathara affiliated to Kannur University, was the distinguished guest of the day. The inaugural speech was given by the Msgr. Clarence Paliath, Founder, Manager and Former Principal of St. Joseph's Arts and Science College, Pilathara affiliated to Kannur University.



WORLD MENTAL HEALTH DAY

9th Oct 2021 : In connection with World Mental Health Day PG Department of Psychology conducted an Essay writing competition and poster making competition on 9th Oct 2021 & 8th Oct 2021. The results of Essay writing competition & poster making competition was announced on 11th Oct 2021. A talk was delivered by Ms. Devika (Msc Clinical Psychology student) on improving Mental Health. It was organized to evaluate students mental health. The winners of essay writing & poster making competition was awarded with cash prize.



WEBINAR

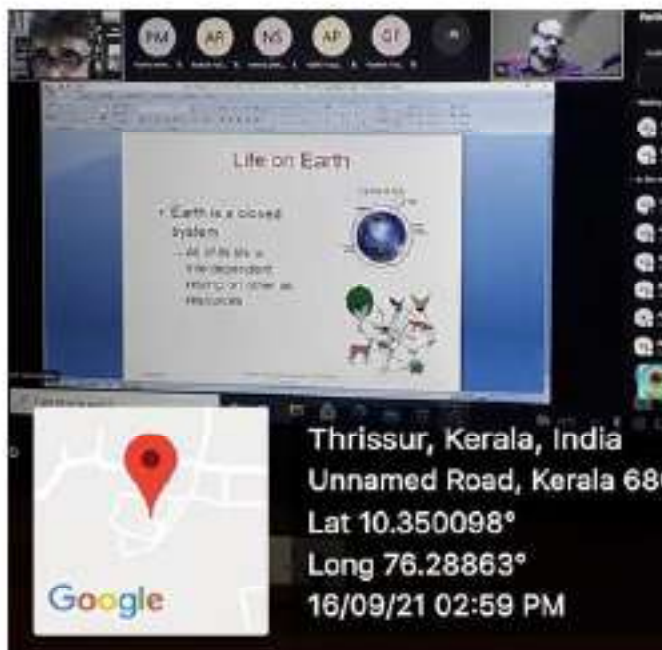
11th Oct 2021 : The Department of Psychology, Sahrdaya College of Advanced Studies Kodakara, conducted a webinar on Research Methodology for Social Sciences on 11th Oct 2021 at 2:30 pm through Google Meet platform. Dr. Varghese Paul K, HOD, Postgraduate department of Psychology, SCAS was the resource person. a detailed presentation and discussion on the topic Research Methodology for Social Sciences was conducted with a Power Point Presentation by the resource person. The webinar was conducted to enlighten young research minds.



DEPARTMENT OF GEOLOGY

ASSOCIATION INAUGURATION & OZONE DAY CELEBRATION

16th September, 2021: The department of Geology had conducted Association Inauguration and Ozone day celebration on 16th september 2021 at 2 pm in the AV room. Dr. AA Mohamed Hatha, Professor, School of Marine sciences CUSAT, Kochi was the distinguished guest of the day. The inaugural session ended at 2:30 pm, which was followed by a webinar on "Antarctic Ozone hole and its Depletion" by Dr. A.A Mohamed Hatha. The inaugural session was concluded by Nandapriya T (Association Secretary).



SAHRDAYA COLLEGE OF ADVANCED STUDIES,
KODAKARA
NSS UNIT : CUSFNSS002

FREEDOM RUN

10:00 AM

Ms. Ambili Soman
Panchayat President
Kodakara

Inspector of Police
Kodakara

DATE: 20-09-2021
TIME: 10AM
VENUE: Kodakara



NSS

SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA NSS UNIT CUSFNSS002 FREEDOM RUN

The NSS Unit of Sahrdaya College of Advanced Studies, Kodakara organized Freedom Run on 20th Sept, 2021 as part of the Azadi Ka Amrit Mahotsav India @ 75.

Mrs. Ambili Soman (Panchayat President Kodakara) Delivered the freedom message. Mr. Jayesh Jayadevan (Inspector of Police) inaugurated the function. Mr. Akhil Anto (NSS Program Officer) thanked the audience. Mr. Jayesh Jayadevan hoisted the Freedom Run.



SETTING UP OF VEGETABLE GARDEN

As part of the program of the government, the NSS unit of Sahrdaya College of Advanced Studies made a vegetable garden near the college canteen. The program started by 1.30 pm in the afternoon.

SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA
IN ASSOCIATION WITH JESU, MUKUNDAPURAM
NSS UNIT: CUSFNSS002
"NOT ME BUT YOU"

LEGAL AWARENESS
INAUGURATION OF LEGAL AWARENESS PROGRAMME
DATE: 13th OCTOBER 2021
VENUE: SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA

GREEN CAMPUS
INAUGURATION OF GREEN CAMPUS
DATE: 13th OCTOBER 2021
VENUE: SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA

CAREER GUIDANCE COUNSELLING SESSION
DATE: 13th OCTOBER 2021
VENUE: SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA

DATE: 13th OCTOBER 2021
TIME: 2 pm
VENUE: SAHRDAYA COLLEGE OF ADVANCED STUDIES, KODAKARA

The NSS unit inaugurated the Legal Awareness and Green Campus projects and the Career Guidance Counseling Class. The program commenced at 2:00 pm. Dr. K. L Joy felicitated the function

COVID SURVEY

The NSS unit of Sahradaya College of Advanced Studies conducted a COVID and socio-economic education survey on the occasion of NSS Day. M. J, Dr. Joy K. L and Kodakara Panchayat Member Shri. Sooraj greeted the gathering. The programme was inaugurated by Ms. Ambili Soman President of kodakara Panchayat.

മലയാളവിഭാഗം

കടൽ വായന 10th September 2020 : 2020 ബാച്ച് വിദ്യാർത്ഥികളുടെ പഠനനിവാരണങ്ങൾക്ക് ചർച്ച ചെയ്യുന്നതിനായി അദ്ധ്യാപകരെങ്കൊരുത്തയോഗം 04 09 2021 ന് വൈകിട്ട് 7:00 മണിമുതൽ 8:00 മണിവരെ ചേർന്നു. 16 വിദ്യാർത്ഥികളുടെ രക്ഷിതാക്കളാണ് യോഗത്തിൽ പങ്കെടുത്തത് വകുപ്പദ്ധ്യക്ഷ ഉപാകമാരി സി.സി. ക്ലാസ് ടീച്ചർ വിൻസി ടി.വി, ഷീമി വി.കെ. അനൂപ എം.ആർ എന്നീ അദ്ധ്യാപകർ പങ്കെടുത്തു.



സഹിതം ദേശീയപ്രഭാഷണപരമ്പര 17th September 2021: ആധുനിക സാഹിത്യത്തിൽ എന്ന വിഷയത്തിൽ ഡോ. സി.ബി. ഡെവൻദാസ് പ്രഭാഷണം നടത്തി. സഹിതം ദേശീയ പ്രഭാഷണ പരമ്പരയുടെ 2021-22 അദ്ധ്യയനവർഷത്തെ രണ്ടാം പ്രഭാഷണമാണ് അരങ്ങേറിയിരുന്നത്. പവർ "പേജിൻ" പ്രസൻറേഷൻ സഹിതം പ്രഭാഷണം നടത്തുകയും പ്രസ്തുത പ്രഭാണം മലയാളവിഭാഗത്തിന് അയച്ചുകൊടുക്കുകയും ചെയ്തു.



സെമിനാർ 6th November 2021: സഹായ കോളേജ് ഓഫ് അഡ്വാൻസ്ഡ് സ്റ്റഡീസ് കൊടമര, മലയാള വിഭാഗം "സീനർ : ആഖ്യാനം, സംസ്കാരം" എന്ന വിഷയത്തിൽ 2021 നവംബർ 6 ന് സെമിനാർ സംഘടിപ്പിച്ചു. മൂന്ന് സെഷനുകളാണ് സെമിനാർ പൂർത്തിയായത്. ആദ്യ സെഷനിൽ ഉദ്ഘാടനവും പ്രഭാഷണവും അരങ്ങേറി.



രണ്ടാം വർഷ മലയാള വിദ്യാർത്ഥി മനിയ പ്രിൻസിപ്പാൽമാർക്ക് ആലപിച്ചുകൊണ്ട് തുടങ്ങിയ സെഷനിൽ വകുപ്പദ്ധ്യക്ഷ ശ്രീമതി ഉപാകമാരി സി.സി. സ്വാഗതവാക്യംസംസരിച്ചു ചടങ്ങിൽ കോളേജിന്റെ ഏജിക്യൂട്ടീവ് ഡയറക്ടർ റവ. ഫാദർ ഡോ. ഡെവീസ് ചെങ്ങിനീയാടൻ അദ്ധ്യക്ഷത വഹിച്ചു. പ്രിൻസിപ്പൽ, ഡെവൻ പ്രിൻസിപ്പാൽമാർ എന്നിവർ ആശംസാർപ്പിച്ചു. മധ്യരാത്രി കാതൽ യൂണിവേഴ്സിറ്റി മലയാളവിഭാഗം അദ്ധ്യക്ഷൻ ഡോ.പി ജിജേഷ് സെമിനാർ ഉദ്ഘാടനം ചെയ്തു. ഡോ. സ്വപ്ന സി കോമ്പാത്ത് പരിപാടി അവതരിപ്പിച്ചു. ശ്രീമതി വിൻസി ടി.വി നന്ദി പ്രകാശിപ്പിച്ചു.



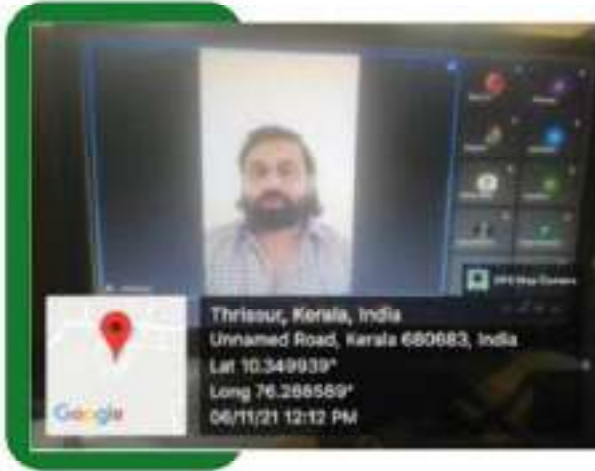
15th NOVEMBER 2021: കടൽവായനയുടെ അഞ്ചാം അവതരണം മൂന്നാം വർഷ ബി.എ. വിദ്യാർത്ഥിനി വിദ്യ വിവി നടത്തി. വേറിട്ടൊരു അമർത്തി വേറിട്ടൊരു അനുഭവമാകുന്നുമുണ്ടെന്നു എന്ന പരിഭാഷകത്തിൽ പി. വത്സലയുടെ വേറിട്ടൊരു അമർത്തി എന്ന താത്കാലനവത്തെ സംബന്ധിച്ചുള്ള അവതരണമാണ് നടത്തിയത്. മലയാളവിഭാഗത്തിലെ അദ്ധ്യാപകരും വിദ്യാർത്ഥികളും മൂന്നാം വർഷ ക്ലാസ്സുമായി ഇത്തുടക്കവും അവതരണ മണിപ്പാർട്ടി നീണ്ട സെഷനിൽ പങ്കെടുക്കുകയും ചർച്ചയിൽ സജീവമായി പങ്കെടുക്കുകയും ചെയ്തു. രണ്ടാം വർഷ വിദ്യാർത്ഥികൾ പങ്കെടുത്ത് അവധിയിലായിരുന്നു.

ഉദ്ഘാടനസെഷൻ (10:00 – 12:00)

രണ്ടാം വർഷ മലയാളം വിദ്യാർഥി മരിയ പ്രാർത്ഥനാഗീതം ആലപിച്ചു കൊണ്ട് തുടങ്ങിയ സെഷനിൽ വകുപ്പുകൾ ശ്രീമതി ഉഷാകുമാരി സി.സി. സ്വാഗതമാരംഭിച്ചു ചടങ്ങിൽ കോളേജിന്റെ എക്സിക്യൂട്ടീവ് ഡയറക്ടർ റവ. ഫാദർ ഡോ. ഡേവിസ് ചെങ്ങിനിയാടൻ അദ്ധ്യക്ഷത വഹിച്ചു. പ്രിൻസിപ്പൽ, വൈസ് പ്രിൻസിപ്പാൽമാർ എന്നിവർ ആശംസയർപ്പിച്ചു. മധുരൈ കാമരാജ് യൂണിവേഴ്സിറ്റി മലയാളവിഭാഗം അദ്ധ്യക്ഷൻ ഡോ.പി. ജിതേഷ് സെമിനാർ ഉദ്ഘാടനം ചെയ്തു. ഡോ. സുഷ്മ സി. കോമ്പാത്ത് പരിപാടി അവതരിപ്പിച്ചു. ശ്രീമതി വിൻസി ടി.വി നന്ദി പ്രകാശിപ്പിച്ചു.



മധുരൈ കാമരാജ് യൂണിവേഴ്സിറ്റി മലയാളവിഭാഗം അദ്ധ്യക്ഷൻ ഡോ.പി. ജിതേഷ് സെമിനാർ ഉദ്ഘാടനം ചെയ്യുന്നതും പ്രിൻസിപ്പൽ സുഷ്മ സി.



മണാമഞ്ഞ സെഷനിൽ പലപ്പുത്രാപ്തനത്തിലെ സാംസ്കാരികവിനിയമങ്ങൾ എന്ന മുഖ്യപ്രബന്ധരേഖയെക്കുറിച്ച് തോമസ് എസ് എച്ച് കോളേജിലെ മലയാളം അധ്യാപകനായ ഡോ വിജ്ഞാൻ പി ആണ് അദ്ധ്യക്ഷ ഉദ്ഘാടനം നിർവ്വഹിച്ചു. വിൻ സി.ടി.വി. അവതരിപ്പിച്ച പരിപാടിയിൽ അനൂപ് എം.ആർ സ്വാഗതവും ശ്രീമതി ഷീജി വി.കെ. നന്ദിയും അർപ്പിച്ചു.

മൂന്നാമത്തെ പ്രബന്ധാവരണണം നടന്ന സെഷനിൽ വിവിധ യൂണിവേഴ്സിറ്റിയിൽ ഗവേഷണം ചെയ്യുന്ന ഗവേഷകരും അസിസ്റ്റന്റ് പ്രൊഫസർമാരാണ് പ്രബന്ധരേഖയെക്കുറിച്ച്. വർക്കല എസ് എൻ കോളേജ് മലയാളവിഭാഗം അധ്യാപിക ഡോ. നിത്യ പി വിജയം അദ്ധ്യക്ഷതവഹിച്ചു ചടങ്ങിന് ഡോ. സുഷ്മ സി. കോമ്പാത്ത് സ്വാഗതവും ആൽബർട്ട് കെ.എ. (സെക്രട്ടറി, മലയാളം അസോസിയേഷൻ) നന്ദിയും പറഞ്ഞു. മിസ്. ഷീജി വി.കെയാണ് സെഷൻ അവതരിപ്പിച്ചത്.



മിസ്. നിത്യ പി വിജയം പ്രബന്ധരേഖയെക്കുറിച്ച് സംസാരിക്കുന്നു.

PHYSICS



Thrissur, Kerala, India
Unnamed Road, Kerala 680683, India
Lat 10.350319°
Long 76.28837°
26/11/21 02:07 PM

Debate

In connection with World Television Day (the department of Physics organized a debate on 26th November 2021 for the first and second year BSc Physics students. The topic was "Impact of television on youth : Positive or Negative". Team 1 discussed about the positive impacts and team 2 about the negative impacts. The moderator concluded that nowadays TV is useful & harmful both, but this depends on the nature of the youth's mind, behavior and discipline.

Inaugural Function

Inauguration of add-on course -11th November 2021 The students of first B.Sc Physics attended the meeting.. The Chief Guest was Dr. Ashok Veda, Senior-in- charge of IABAC. He gave an introduction to the add on course. IABAC Technova team is providing the course 'Data Science and Machine Learning'. The event concluded with a vote of thanks by Ms Megha P S, Programme Coordinator.

Engineer's Day

Engineer's day power point presentation – 15th September 2021 In connection with Engineer's day the students of second year Physics organized a power point presentation through google meet. All the faculties and students of Physics department attended the meeting. After that a talk was delivered on the importance of Engineer's day.



Association Inauguration

Physics Association Inauguration "ESPACE 2K21"- 8th September 2021

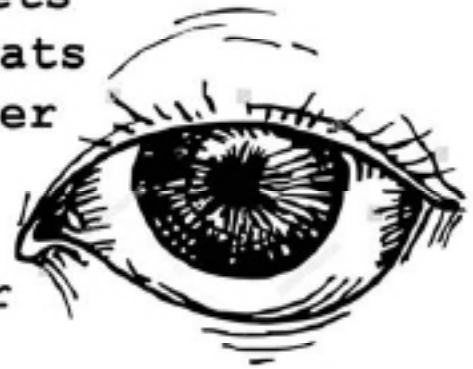
The Physics Association Inauguration "ESPACE 2K21" was officially inaugurated by Dr. Nijo Varghese, HOD, SH College, Chalakudy on 8th September 2021(Wednesday) at 1 pm in Audio Visual Room through Google meet. Jyothika Mohan made introduction to the resource person (3rd B.Sc Physics). After that, the chief guest Dr.Nijo Varghese delivered a speech on the topic "The Universe As We Know It". It was a wonderful session.

CLUTTER

Piles of cloth
Laying all around
Cluttered and bestrew
Just like I am bound

Each day longer
Crusty crumbs on sheets
Cotton double the pleats
Conviction be stronger

Eye bags heavier
Skin never brighter
Effortless convos
Even pulling all nighters



Solitude longing day by day
Overwhelmed we play
Going with the flow
Not to seem to blow

Head throbbing
Stomach growling
Cluttered and bestrew
My consciousness



By Alina Hayfa
3rd Year, B.Sc Psychology

INTERNAL COMPLAINTS COMMITTEE

WEBINAR

9th sept 2021 : Internal Complaints Committee of SCAS organized a Webinar on "Law and Justice on 9th Sept 2021 at 2.30 pm - 4 pm for the PG Students and the entire staff of the college. Adv. Seby J Pullely, Kerala High Court, with 25 years of experience, was invited to talk on the subject. He shared detailed information of the individual rights and also the special rights that our Constitution offers to women, especially when faced with any discrimination and sexual harassment at workplace. Adv. Seby spoke on the alarming rise of the number of cases that are related to sexual harassment. Women are not spared even on the social media. He stated that it is high time that the women open up about the struggle that they go through. He encouraged the participants to have courage and boldness to approach the law, when it is required.

Dr. Sr. Jessy George
Presiding Officer

Ms.Sini mol
Secretary



CHEMISTRY

POSTER COMPETITION

15 Sept 2021 Chemistry department along with Physics department conducted an intercollegiate poster making competition in connection with ozone day from 13 Sept to 15 Sept 2021. Around 7 students participated in this competition among this 3 students were from other institution.

The theme for the competition was "OZONE FOR LIFE"
The results were published on 17 Sept 2021. First, second and third prize winners



1. Megha C M-III B.Sc Geology
(Sahrdaya College of Advanced studies,
Kodakara)



3. Athira M- BA Economics
(St. Joseph's College, Irinjalakuda)



2. Hridhya P T-II B.Sc Chemistry
(Sahrdaya College of Advanced studies,
Kodakara)

FACULTY EXCHANGE PROGRAMME

29th October, 2021: Chemistry department started a Faculty Exchange Programme and new add on course with St. James College of Pharmaceutical sciences, Chalakudy, bugurati of the programme was conducted on 29th of October 2021 at 2.30 pm.

The Chemistry department of Sahrdaya College of Advanced studies will provide an add on course on "Basic chemistry in pharmaceutical sciences" for B.Pharm students of the St. James College of Pharmaceutical sciences, Chalakudy and St. James College of Pharmaceutical Sciences, Chalakudy will provide "Pharmaceutical chemistry add on course for our First year B.Sc. Chemistry students.





ASSOCIATION INAUGURATION

15 Sept 2021: An invited talk and association inauguration-021 was conducted on 15 Sept by Mr. Roy K B Assistant professor, Department of Chemistry, SNGS College Pattambi, on the topic "The ways of science". through an online plat form, around 80 participants took part in the session.



QUIZ COMPETITION

29 Sept 2021: The alumni association of the Department of Chemistry has organized an interdepartmental quiz competition "CIPRO 2021 in connection with the discovery of chlorotetracycline on 29 Nov 2021. Alumni students from 2015, 2016, 2017 and 2018 batches were present and actively organized the quiz program. Students from physics, chemistry, psychology and geology departments were participated. The prizes were distributed to the winners.





SAHRDAYA
College of Advanced Studies

Western Eastern Language Department
Organises

हिन्दी दिवस

कहानी - अन्दाज़
कविता - बारिश
निबन्ध - आधुनिकता की चुनौतियाँ

Send your works on or before
14 Sept 2021| 5 PM
to scasdeptweld18@gmail.com

Co-ordinator:
Ms. Nisha K
(Assistant professor of Hindi)

Ms. Aradhika T.V
(Head of the Department)

14th September 2021: In connection with Hindi Day Western Eastern Language department conducted Hindi essay and Hindi quiz competitions. Topic for the essay competition was “ओनलाइन निका – गु और दोल” and the competition was only for students of SCAS. Hindi Quiz competition was open to all and 216 participants from 26 educational institutions were awarded with e-certificates.

6th September 2021: Western Eastern Language Department conducted a National Hindi Webinar on the चुनी हु आधुनिक कविताओ का एक निश्ले. Ms. Aradhika T V (Assistant Professor and Head, Western Eastern Language Department) introduced the resource person, Dr. Jaykrishnan K M (Formerly Associate Professor and Head, Department of Hindi, Christ College, Irinjalakuda). He analysed the features of Modern poetry and introduced some of them in the session. He also explained that there are various interpretations to a poetry. The session was very fruitful.

MY TRUST IN YOU

*My trust in you
Is like the infinity:
Of the wide blue sky;
Its vast and wide
Like it never ended.
Until the fate arrives.*

*My trust in you
is like my passion:
Because it never left me
Nor I left it.*

*My trust in you
Is like the Egyptian pyramid;
Capable to burry
the dead past inside,
and shine its beauty outside.*

*My trust in you
Is never a lie
But is honest
until my last sleep
After which I never stand
Nor sit, speak, or breath*



*My trust in you
Is my love for you;
Is my belief in you-
That you are right,
You can fly.*

*You can conquer.
You are a conqueror,
Nothing to stop you
Never break and shatter it.
Finally, I say, My trust in you,
Have firm trust
In you believes
Trust your decisions
Because it's either
To the right path nor
To shatter you and rebuilt you. The right poin*

*Yes, I still trust in you.
I said again to
The one saw in
The mirror Infront of me:
Taking a deep breath,
And moving forward
with the whole hearted
Trust and courage To conquer more and ReTach high,
Because you are alane
In this journey from
The genesis til the fate..*

By Kathlyn Bennett
3rd Year B.Sc Psychology





SAHRDAYA

COLLEGE OF ADVANCED STUDIES

Kodakara, PB No: 18, Puliparakunnu, Thrissur District, Kerala-680684

Ph. No. 0480 2713713

Website: www.sahridayacas.ac.in

E-mail: info@sahridayacas.ac.in